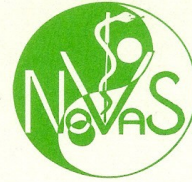


Nordisk Veterinær Akupunktur Selskab

Nordic Veterinary Acupuncture Society



"NoVAS - the Nordic Veterinary Acupuncture Society is part of IVAS - the International Veterinary Acupuncture Society which is a worldwide advocate in veterinary medicine to create and maintain optimal health in all animals. Legislation for veterinarian treatment of animals vary in the different Nordic countries, and any treatment given by veterinary acupuncturist must be in accordance with national legislation. Recommended courses and education, information on treatment, ideas and opinions might therefore not represent all members, the board or the editor of NoVAS. The TCM - Traditional Chinese Medicine - diagnoses in the case reports however, are mandatory, although many practitioners use a more neuro-endocrinological approach of veterinary acupuncture."

## ***Hello everybody out there***

*Surpriced to get a NoVAS-News this fast again ???*

*There is a very good reason: we want to remind you of the **annual course 24-26/4 2015 in Helsinki**. Beware of the excellent program! But also – and maybe not least: beware of the extremely reasonable price !!! Look further under “Upcoming Events”*

## ***Dear Vet. Acupuncture Colleague***

*Have you ever been missing an acupuncture sparring-partner? Or wished, that somebody could take over, when you were at holliday, course or likewise  
?*

*Now is the great opportunity to “stick to” your working-partners or assistants, and tell them to go to the IVAS/NoVAS basic course in  
acupuncture !!*

*Held near Aalborg in Denmark in 2015-16.*

*Look further under “Upcomin Events”*

## THE BOARD

### **Gry Jæger – President of the Board**

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## UPCOMING EVENTS

### *NoVAS-annual meeting*

#### ***"The use of Acupuncture in Reproduction Medicine - working mechanisms, indications, and research"***

with Elisabet Stener-Victorin, Karolinska Institutet (Sweden), Thomas Lundeberg, Karolinska Institutet (Sweden) as main speakers

The NoVAS (Nordic Veterinary Acupuncture Society) board, the SLA (Suomen Lääkäreiden akupunktioseura) board and the Department of Equine and small Animal Medicine at Helsinki University, Faculty of Veterinary Sciences welcomes you to join the 2015 Annual 3 day course, this time in Finland.

#### **When?**

April 24-26, 2015

#### **Where?**

The seminar will be held at the University of Helsinki. Depending on how many register, the seminar will either be in the center of Helsinki, or at the Animal hospital in Viikki (also Helsinki). For now: Friday in the center: University main building: Auditorium ? Fabianinkatu 33, 2. floor. Saturday and Sunday in Viikki: Paatsama Sali at the Animal hospital in Viikki; Koetilantie 2, 2 floor.

**Language:** English.

**For whom?** Licensed veterinarians and medical doctors, veterinary and human medicine students and others interested.

**Cost:** The seminar is partially sponsored by the University of Helsinki, NoVAS, and SLA so the cost will be only 50 euros per day (1-3 days → 50-150 €), including lunch on Saturday and coffees every day. Medical or vet students get a 50% reduction (25-75 €).

**Continuing education (CE) points for vets:** We have applied for IVAS CE points and we will let you know how many we get (estimated >10 points).

#### **Main speakers:**

***Elisabet Stener-Victorin***, PhD, Associate Prof. Karolinska Institutet, Department of Physiology and Pharmacology (Sweden),

***Thomas Lundeberg***, Karolinska Institutet (Sweden)

**Co-speakers:** Iris Lappalainen, MD (Finland), Viveka Grönlund MD (Finland), Astri Hagenlund DVM, Cert.Vet.Acup (Norway), Kim Samuelson DVM, Cert.Vet.Acup (Denmark), Anna Hielm-Björkman DVM, PhD, Cert.Vet.Acup (Finland)

**Registration:** to e-mail [acuhelsinki2015@gmail.com](mailto:acuhelsinki2015@gmail.com) before April 10th 2015. For registration give your name, address, degree, telephone number and which days you are going to participate. Also, please inform if you are coming to dinner on Friday.

**Payment of seminar fee:** to NoVAS account Nordea Kangasala FI35 1151 3000 2209 79 before April 10th 2015. After this date 50 euros extra on top.

*The Acupuncture clinic at the University of Helsinki and the NoVAS and SLA boards all welcome you to Helsinki!!!*

OBS! The program may be up to small changes.

**Annual general meeting of the NoVAS membership  
Helsinki, Finland  
24.4 2015 at 17.30**

**Order of business**

1. Opening the meeting
2. Electing president and secretary of the meeting
3. Electing 2 members to check the protocol, and – if needed – count votes.
4. Establishing that the meeting is called for in order.
5. Settling of the agenda, and accepting it.
6. Annual report from NoVAS (Gry - President)
7. Financial report (Kim - Treasurer)
8. Auditor's report (Kim - Treasurer)
9. Adopt the report and accounts, freedom of responsibility for the past year.
10. Election of board members (Gry Jaeger, Lene Nielsen and Netta Tammissalo have finished their 2 year mandate periods). Further, electing two new deputy members to the board.
11. Election of 2 auditors.
12. Annual fee for 2015/16.
13. Accepting new members that have applied
14. Information on current activities NoVAS, IVAS, HOD etc.
15. Submitted motions:
  - a. – the role of NOVAS in national vet school curriculums
  - b. – the role of NOVAS at the national vet congress in the nordic countries
16. Other questions. (If you have topics that you would like to see on the official agenda, they have to be mailed to Anna min. 1 week before the meeting: gry.jaeger@, but they will not be possible to vote on. If they need a vote we need the 5 weeks before the annual meeting)
17. Closing the meeting

## **Preliminary Program:**

### **Friday 24th April:**

- 13.00-14.00 *Possible to have lunch at the «Täähkä» University canteen (optional and at own expense)*  
13.00-14.00 *Registration with coffee*  
14.00-14.10 Welcome: Why this and why now? (Anna Hielm-Björkman, University of Helsinki)  
14.10-14.55 Acupuncture in the spirit of Esa Saarinen "Always design a thing by considering it in its next larger context - a chair in a room, a room in a house, a house in an environment, an environment in a city plan." Mechanisms of Acupuncture from Genetics to Integrative physiology. (Thomas Lundeberg)  
14.55-15.00 *Short break*  
15.00-16.00: Continuing.... (Thomas Lundeberg)  
16.00-16.30 *Coffee break*  
16.30-17.30 Continuing... (Thomas Lundeberg)  
17.30 SLA ja NoVAS Annual Meetings (for members)

*Dinner (at own cost) will be organized at 19.00 in the city so please indicate if you plan to eat with us (First come-first served principle: We take reservations to one or two joint restaurants until the 20.3)*

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### **Saturday 25th April:**

- 9.00-9.45 What do acu-clinicians treat in human female gynecology and how well? (MD Iris Lappalainen)  
9.45-10.30 What do acu-clinicians treat in human female gynecology and how well? (MD Viveka Grönlund)  
10.30-10.50 *Coffee Break*  
10.50-11.30 Acupuncture and Myokines - muscle contractions more than locomotion - a role for electro-acupuncture (Thomas Lundeberg)  
11.30-12.10 Acupuncture and Inflammatory reflexes -potent anti-inflammatory role of acupuncture (Thomas Lundeberg)  
12.10-13.00 *Lunch*  
13.00-13.45 Autonomic and Endocrine Regulation by acupuncture (Elisabet Stener-Victorin)  
13.45-14.05 *Coffee break*  
14.05-15.50 Effect of acupuncture on Endocrine and Metabolic dysfunction in PCOS (Elisabet Stener-Victorin)  
15.50-16.00 *Short break*  
16.00-16.45 Acupuncture and IVF (Elisabet Stener-Victorin)  
16.45-17.00 General discussion (Elisabet Stener-Victorin)
- 

### **Sunday 26th April:**

- 9.00-9.45 Cool herbs and diets for Hot flashes or dripping milk - for ladies and bitches – (Astri Hagenlund)  
9.45-10.30 Acupuncture in Equine reproduction (Kim Samuelson)  
10.30-11.00 *Coffee Break*  
11.00-11.45 Acupuncture in Bovine reproduction (Kim Samuelson)  
11.45-12.30 Acupuncture in Canine reproduction (Anna Hielm-Björkman)  
*The Seminar Ends*

For more info: Please contact Anna Hielm-Björkman, Docent, DVM, CVA, Faculty of Veterinary Medicine, Dep. of Clinical Veterinary Sciences, Surgery, P.O.Box 57, 00014 Helsinki University, FINLAND ; [Tel:-358-\(0\)44-3270462](tel:-358-(0)44-3270462); [anna.hielm-bjorkman@helsinki.fi](mailto:anna.hielm-bjorkman@helsinki.fi) or [acuhelsinki2015@gmail.com](mailto:acuhelsinki2015@gmail.com)



2015 - 2016

# NoVAS / IVAS BASIC COURSE ON VETERINARY ACUPUNCTURE

Aalborg, Denmark

Session I: September 23-27, 2015  
Session II: November 18-22, 2015  
Session III: Marts 2-6, 2016  
Session IV: April 13-17, 2016  
Exams: June 2016

**If you want to know about other courses all over the “IVAS-world”, we hereby give you some links:**

***First IVAS, where you can find basic courses and a lot of other courses etc. : [www.ivas.org](http://www.ivas.org)***

<b><i>Austria – AVAS (Contact <a href="#">Dr Boerge Schichl</a>)</i></b>	<b><i>Australia – <a href="#">AVAG</a></i></b>	<b><i>Belgium – <a href="#">BeVAS</a></i></b>
<b><i>Brazil – <a href="#">ABRAVET</a></i></b>	<b><i>Canada – <a href="#">AVAC</a></i></b>	<b><i>France – <a href="#">AVETAO</a> and <a href="#">IMAOV</a></i></b>
<b><i>Germany – <a href="#">GerVAS</a></i></b>	<b><i>Israel – IAAS (Contact <a href="#">Dr Sagiv Ben-Yakir</a>)</i></b>	<b><i>Italy – <a href="#">ItVAS-SIAV</a></i></b>
<b><i>Netherlands – <a href="#">SNVA</a></i></b>	<b><i>Nordic Countries – <a href="#">NoVAS</a></i></b>	<b><i>Spain – <a href="#">IVAS Espana</a></i></b>
<b><i>Switzerland – <a href="#">CAMVet</a></i></b>	<b><i>UK – <a href="#">ABVA</a></i></b>	<b><i>USA – <a href="#">AAVA</a> and <a href="#">AHVMA</a></i></b>

**You might also find some good courses in the “human world”**

***European assoc. : [www.etcma.org](http://www.etcma.org)***

***DK: PA (praktiserende akupunktører) : [www.aku-net.dk](http://www.aku-net.dk)***

***DA (danske akupunktører) : [www.danske-akupunktoerer.dk](http://www.danske-akupunktoerer.dk)***

***FI (the finnish tcm sociaty of acupuncture and herbs) : [www.finnacu.fi](http://www.finnacu.fi)***

***No : AF (akupunkturforening) : [www.akupunktur.no](http://www.akupunktur.no)***

***NNH (norske naturterapeuters hovedorganisasjon) : [www.nnh.no](http://www.nnh.no)***

***Sw (svenska akupunkturförbundet) : [www.akupunkturforbundet.se](http://www.akupunkturforbundet.se)***

**World-wide:**

***Chi Institute (vet.) : [www.tcvn.com](http://www.tcvn.com)***

***ICMART (human) : [www.icmart.org](http://www.icmart.org)***



NEXT NEWS LETTER will come sometime 2015 - hopefully. We on the board wish you all a beautiful and life-giving spring ! ☺



**REMEMBER TO:**

- Register yourself for a congress or meeting in time
- Send in updated info for the questionnaire to; -

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+45 30 38 92 22

[Mr.kim@mail.tele.dk](mailto:Mr.kim@mail.tele.dk)

- Send in questions, ideas or info on upcoming events to one of us on the board
- Keep checking the NoVAS' homepage for news

Nordisk Veterinær Akupunktur Selskab

Nordic Veterinary Acupuncture Society





### Questionnaire: Data for the NoVAS member register

Lastname	Before:
Forenames	
Title	
Vet.Med.Qualifications	
Acup. Qualifications	IVAS course [ ] Year _____, Certified: Yes [ ], Other course:
Other holistic qualifications	
<u>WORK:</u> Clinic name	
- Street Address	
- Postcode	
- Postal area	
- Country	
- Telephone no.	
- Mobile	
- Fax no.	
- E-mail Address	
<u>HOME:</u>	
- Street Address	
- Postcode	
- Postal area	
- Country	
- Telephone no.	
- Mobile	
- Fax no.	
- E-mail Address	

I ok that the ticked information can be put on internet and on vet.acupuncture lists used by the public. ( ↑ )

The following month(s) is best for the NoVAS meeting and course:	Subject?
Please answer: Is it ok to get the newsletter as an e-mail?	Yes [ ] No [ ]

Date and place \_\_\_\_\_